

## South East Sydney Area

### GP Shared Antenatal Care Protocol Summary March 2005

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
<b>GP</b>  <b>6-10 wks</b>	<ul style="list-style-type: none"> <li>➤ History and examination</li> <li>➤ Provide details of hospital services and options of care</li> <li>➤ Assess interest in and suitability for GP shared antenatal care</li> <li>➤ Commence yellow antenatal card &amp; complete booking referral form, and obtain patient consent for information sharing.</li> </ul> <p><b><u>ROUTINE INVESTIGATIONS:</u></b></p> <ul style="list-style-type: none"> <li>• FBC</li> <li>• Blood group and antibody screen</li> <li>• Rubella serology</li> <li>• Syphilis screening (ELISA)</li> <li>• Hepatitis B surface antigen</li> <li>• <u>Offer</u> HIV antibody and Hepatitis C antibody screening (with appropriate counseling)</li> <li>• Multistix urine analysis (MSU for M/C/S if indicated)</li> <li>• Pap smear if due</li> </ul> <p><b>Ensure copies of all tests are sent to appropriate ANC</b></p> <p><b><u>OPTIONAL TESTS:</u></b></p> <ul style="list-style-type: none"> <li>• 10-12 weeks Chorionic Villus Sampling (CVS)</li> <li>• 11-13 weeks Nuchal translucency +/- PAPP-A &amp; Free βhCG</li> <li>• 14-16 weeks Amniocentesis</li> </ul> <p><b>Ensure copies of all tests are sent to ANC</b></p>	<p><b>Early Pregnancy Information</b></p> <p><i>Options for care</i></p> <p><i>Previous experience/expectations</i></p> <p><i>Pathology tests/results</i></p> <p><i>Nutrition &amp; exercise in pregnancy</i></p> <p><i>Pelvic floor exercises</i></p> <p><i>Reducing smoking/quitting</i></p>
<b>ANC</b> <b>10 -14 wks</b> (booking visit)	<ul style="list-style-type: none"> <li>➤ <i>Complete history and booking details</i></li> <li>➤ <i>Discuss all suitable options/models of care available within the hospital</i></li> <li>➤ <i>Assess interest in and suitability for GP antenatal shared care</i></li> <li>➤ <i>Offer &amp; arrange fetal morphology ultrasound at 18-20 weeks</i></li> <li>➤ <i>Consider discussing Optional tests where indicated as above</i></li> <li>➤ <i>Complete 'GP shared care acceptance form' and return to GP</i></li> <li>➤ <i>Complete psychosocial screen</i></li> </ul> <p><i>Refer back to GP with completed patient record card (yellow card)</i>  <i>If unsuitable for GP shared care, inform GP by fax or phone.</i></p>	<p><i>Breastfeeding Information</i></p> <p><b>Antenatal classes</b></p>
<b>GP</b>  <b>14-26 wks</b> (monthly visits)	<ul style="list-style-type: none"> <li>➤ Routine antenatal visits</li> <li>➤ Breastfeeding - refer if previous problems</li> </ul> <p><b><u>FETAL MORPHOLOGY ULTRASOUND.</u></b> 18-20 weeks. Change dates <b>only</b> if ultrasound is ≥ 10 days different to menstrual dates</p> <p><b>Ensure copy of Ultrasound Result is sent to ANC</b></p>	<p><i>Discuss U/S result</i></p>
<b>GP</b>  <b>28 wks</b>	<ul style="list-style-type: none"> <li>➤ Routine GP antenatal visit</li> <li>➤ remind RH negative woman anti-D prophylaxis due at 28 – 30 weeks depending on hospital, <b>after</b> the antibody screen</li> </ul> <p><b><u>28 WEEK ROUTINE INVESTIGATIONS:</u></b></p> <ul style="list-style-type: none"> <li>• FBC</li> <li>• Antibody screen – for Rh negative women</li> <li>• Diabetes screen as per hospital policy</li> </ul> <p><b>Sutherland Hospital</b> – All women to have 50gm Glucose Challenge  <b>St George Hospital</b> – Selective screening with 50gm Glucose Challenge  <b>Royal Hospital for Women</b> – Selective Screening with 75gm Glucose Tolerance Test</p> <p><b>Ensure copy of Pathology Results is sent to ANC</b></p>	<p><i>Explain all tests &amp; results</i></p> <p><i>Common discomforts in pregnancy</i></p> <p><i>Pelvic floor exercises &amp; bladder issues in pregnancy</i></p>
<b>ANC</b> <b>30 wks</b>	<p><i>Review results of all investigations</i></p> <p><b>28 – 30 weeks prophylactic Anti-D</b></p>	<div style="background-color: black; color: white; padding: 5px; display: inline-block;"><b>1st</b></div>

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
<b>GP</b> 32 -34 wks (fortnightly visits)	<ul style="list-style-type: none"> <li>➤ Discuss breastfeeding and refer if previous problems</li> <li>➤ Routine prenatal visits</li> <li>➤ Remind RH negative woman anti-D prophylaxis due 34 – 36 weeks depending on hospital</li> </ul>	<i>Breastfeeding information – positive reinforcement</i>
<b>ANC</b> 36 wks	<ul style="list-style-type: none"> <li>➤ <i>Assess fetal growth, presentation, etc.</i></li> <li>➤ <i>GBS Screening – Take low vaginal swab as indicated by hospital protocol</i></li> <li>➤ <b>34 – 36 weeks prophylactic Anti-D</b> <span style="background-color: black; color: white; padding: 2px 5px;"><b>2nd</b></span></li> </ul>	
<b>GP</b> 37- 40 wks (weekly visits)	<ul style="list-style-type: none"> <li>➤ Routine prenatal visits</li> <li>➤ Refer to hospital antenatal breastfeeding groups if needed</li> </ul>	
<b>ANC</b> 41 wks	<ul style="list-style-type: none"> <li>➤ <i>Assess suitability for induction of labour (IOL)</i></li> <li>➤ <i>Arrange/book IOL as appropriate</i></li> <li>➤ <i>Organize ongoing fetal welfare assessment as appropriate</i></li> </ul>	
<b>GP</b> 4-6 wks Postpartum	<ul style="list-style-type: none"> <li>➤ Postnatal visit</li> <li>➤ Pap smear if due, Investigations if required,</li> <li>➤ Assessment – maternal mental health status</li> <li>➤ Book baby assessment and Immunisation (8 weeks)</li> <li>➤ Breastfeeding management - refer if problems</li> </ul>	<i>Child &amp; Family Health Centre &amp; postnatal supports Immunisation / SIDS</i>

## ☎ RESOURCE NUMBERS ☎

SERVICE	SUTHERLAND	ST GEORGE	Royal Hospital for Women		
<b>Antenatal Clinic</b>	9540-7245 CNS Midwife	9350-3226 Bookings	9382-6016 Liaison Midwife		
	9540-7240 Reception	9350-2162 Reception	9382-6048 Appointments		
	9540-7286 Reception	9350-2294 Coordinator	9382-6047 NUM		
	9540-7304 Fax	9350-3765 Fax	9382-6118 Fax		
<b>Delivery Suite</b>	9540-7891	9350 2125	9382-6100		
	9540-7982	9350 2126			
<b>Birth Centre</b>	9540-7982 (from April 2003)	9350 3109	9382 6116		
<b>Ultrasound</b>	9540-7647 Bookings/Enquiries	9350-3500 Enquires	9382-6080		
	9540-7644 Reception	9350-3571 Bookings			
	9540-7643 Fax	9350-3980 Fax			
<b>Mental Health</b>	9540 7830 Social work	9350-2494 Perinatal Mental Health	9382-6665 Perinatal psychiatry		
	9540 7474 Access		9382-6670 Psychosocial screening		
	9540 7831 Acute team (ACTT)				
<b>Physio-therapy</b>	9540-7475 Enquiries	9350 -2163 Enquiries	9382-6540		
	9540-7717 Fax				
<b>Genetic Counseling</b>	9350-2315	9350-2315	9382-6098		
<b>Drug &amp; Alcohol Counseling</b>	9540-7668	9350-2942	9332-8777 CUPs Service		
	9540-7262 CUPs Service				
<b>MotherSafe</b>	The Statewide Medications in Pregnancy and Lactation Advisory Service (02) 9382 6539 or FREECALL 1800 647 848				
<b>Hospital Lactation Supports</b>	9540-7913 Maternity	9350-1111 page 181 Dianne Mills	9382-6341 Lactation Consultant		
	9540-7111 page 832 Sue Vella	9350-2162 Parent Education	9382-6541 Parenting Education		
<b>Problems in early Pregnancy Clinic</b>	9540-7111 Contact registrar O&G registrar page 125	9350 2162 8.00am – 8.30am Monday-Friday	9382-6048 0730 hours Monday-Friday		
<b>Breastfeeding &amp; parenting support</b>	Australian Breastfeeding ASS (ABA) 8853-4999	Karitane 9794-1852	Tresillian 9787-0855	Parent Line 13 2055	Child & Family Health nurse Refer to your nearest centre