



THE SUTHERLAND HOSPITAL & COMMUNITY HEALTH SERVICE

Outpatient Clinics

Clinic Name	Department/ Ward	Clinic Operating days/hours	Medical Staff Designation (Registrar/RMO/ Staff Specialist or VMO)	Specialist's Name (if applicable)	Contact person & Phone No.	Core Business
ALLIED HEALTH						
MBS Clinic (Run by Speech Pathology)	Speech & MID	Tue 10am to 12noon or by appointment	Radiology Reg		Jai Gupta 37558	Diagnosis of swallowing and suggesting management strategies as required.
FEES & VOICE Clinic*	Speech & ENT	Depend on available time ENT & theatre	Staff Specialist ENT	Dr Cole or Dr Payten	Jai Gupta 37558	Diagnosis of swallowing and phonatory conditions and suggesting management strategies as required.
Communication	Speech	By Appointments	Suzanne Whitehall Sophie Bradstreet	Dr Conroy for Rehab clients.	Jai Gupta 37558	Providing assessment, diagnosis, counselling and therapy for clients with communication disorders
Paediatric Dietetic clinic	Dietetics	Wednesday 0830 to 1200 hours	Dietitian Medical referral required		For appointments call Allied Health reception on 95408300/ 954037475/ 95407588.	Nutritional assessment and provision of clinical nutrition for children 0-17 years. Children with Diabetes, Eating disorders, Allergies & Metabolic disorders are referred to the appropriate specialist tertiary hospital service or provided with a list of appropriately qualified private practitioners.
Adult Dietetic clinic	Dietetics	Thursday 0900 to 1300 hours	Dietitian Medical referral required		For appointments call Allied Health reception on 95408300/ 954037475/ 95407588.	Nutritional assessment and provision of clinical nutrition for adults 18 years and over. Weight reduction without co-morbidity, Eating disorders and Allergy patients are referred to appropriate tertiary specialist hospital service or provided with a list of appropriately qualified private practitioners. Diabetic patients are referred to the Diabetes Education Centre 95407841, which is on site at Sutherland hospital.



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Orthopaedic review clinic (Formerly fracture clinic)	Allied health Level 2 (Physio dept)	Wednesdays 1pm - 4pm	Ortho Registrars present And RMO (Note no specialist attends)		Reception 9540 8300 Or Ruth Pike, Physio Manager	Follow-up clinic for current patients of the <u>orthopaedic service</u> . Eg ROS, dressings and plaster and Xray reviews <i>No transport available</i>
Physiotherapy Outpatients service	Physiotherapy Level 2	Mon- Fri 0800-1630 (by appointments)	Physios only Medical referral required		Reception 9540 8300 or Fax 9540 7717 Or Ruth Pike, Physio Manager	Assess and treat patients on referral from doctors. Mostly musculoskeletal, but includes acute respiratory. <i>No transport available</i> <i>Waiting list applies</i>
Paediatric Physio		Tue, Wed, Thur 0900-1700	Physio only		Reception 9540 8300 Or Sue Murray, paediatric physio	Assess and treat patients 0-16 years. Includes Talipes (TEV), congenital dislocation of hip, developmental delay, cerebral palsy, torticollis, leg lengthening etc. Referral from paediatrician or Child Health nurses. <i>No transport available</i> <i>Waiting list applies</i>
Outpatient Rehab service (PT, OT, SP, SW)	Rehab (Killara gym) Level 1	Mon-Fri (By appointments)	Allied health only Medical referral required if not transferred from hospital rehab.		Allied health Reception 9540 8300 or Dr Phil Conroy 9540 7530	Continued rehab therapy following discharge from hospital, referral by GP or on referral from other hospitals (eg stroke, debility, complex orthopaedics) <i>Limited transport available</i> <i>Waiting list applies</i>
Orthopaedic physiotherapist	Physiotherapy Level 2	Mon-Fri (by appt)	Physio only		Reception 9540 8300 or Fax 9540 7717	Follow-up orthopaedic conditions. Medical referral. Application of synthetic casts with medical referral - cost applies (eg \$60) <i>No transport available</i>



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Stress management/ relaxation group	Occupational Therapy Level 2	As required 4 x 2 hr sessions Thurs 10 to 12 am			Elise Klumpes- Grant 95407481	Program which complements Rehab OP service, Oncology OP service and Phase 2 Cardiac Rehab service -Education in stress, causes and strategies for relieving stress -Practise/ trial of 4 formal relaxation techniques)
Outpatient splinting and hand service		Monday AM Wed PM Appointment only or pts attending Ortho review clinic			Janelle Buncombe 9540 7475	-Upper limb splinting for orthopaedic, neurological, rheumatological and soft tissue needs -Education re condition eg RA, Carpal tunnel -Advice re adaptive techniques and equipment and exercises (Material cost for splints)



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CARDIOLOGY								
Cardiac Rehabilitation 8 Week Clinic	Cardiology	Wed AM			Felicity Lynch 9540 7309	Assessment 8 Week		
		Tue AM				Exercise Group 1 8 Week		
						Education Group 1 8 Week		
						Exercise Group 2 8 Week		
		Fri AM				Exercise Group 1 8 Week		
						Exercise Group 2 8 Week		
				Education Group 2 8 Week				
Cardiac Rehabilitation Fast Sharcs Clinic		Tue AM					Exercise Fast Sharcs	
		Fri AM						
		Tues/Wed/Fri						Assessment
		Thur						Monthly Education Day
Transoesophageal echo cardiography (TOE)			Mon PM	Staff Specialist		Dr Shiva Roy	Catherine Palmer Dept of Cardiology 9540 7889	TOES



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Microbiology						
Infection-Diagnosis & Management	Microbiology	Tuesday 0800-1100 Appointment & referral necessary	Staff Specialist	Prof Sydney Bell	Vilma Emerson 9382 9054	
Neurology						
EEG	Neurology	Tuesday 0830-1100 Thursday 1400-1700	Staff Specialist HMO Registered Nurse	Dr D.Ghougassian Dr D. Cordato Dr P. Silberstein Dr M.Barnett	Carol Gersbach 9540 7311	Referrals for neurological problems
O&G						
Midwives interview	Delivery Suite & Antenatal	Mon AM/Tue AM/ Wed AM/Thu AM/ Fri AM	Midwife		Carol Jones 9540-7982	First booking in history
Gynaecology clinic	Delivery Suite/ANC	Alternate Mondays 1200 to 1600 hours	Staff Specialist O&G Registrar O&G RMO	Dr Soak Foong	For bookings ANC Admin Staff 9540-7240	Referrals for Gynaecology problems
Postnatal Clinic						Postnatal Clinic for high needs women
CY&F Mental health Maternity Clinic	ANC	Monday Afternoon 1200 - 1600	CY&F Mental Health Registrar	Dr C Rickard-Bell	For bookings ANC Admin. Staff 9540-7240	Maternity women with mental health issues
Antenatal Clinic	Delivery Suite/ ANC	Tuesdays 1300 to 1600	VMOs O&G Registrar O&G RMO	Dr A Kan Dr Sri Chishanthan	For bookings ANC Admin. Staff 9540-7240	Antenatal Visits for First VMO visit and point of reference for other medical staff and midwives
		Wednesday 0900 - 1200	VMO Staff Specialist O&G Registrar O&G RMO	Dr N Chan Dr S Foong		



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		Thursday 0900-1200	VMO O&G Registrar O&G RMO	Dr I Simpson		
Antenatal Clinic	Menai out reach Community Centre at Menai	Wednesday 1230 - 1600	Staff Specialist	Dr S Foong	Carol Jones 9540 7982	First booking in history and follow up visits
Midwives Clinic	Delivery Suite & Antenatal	Tuesday Level 2&3 1230 - 2100	Midwives			Follow up visits
		Wednesday 0900 - 1200				
		Thursday 0900 - 1200				
	Cronulla Outreach Clinic Early Childhood Centre Cronulla	Monday 1330 - 1530				First booking in history and follow up visits
Young Mums Antenatal Clinic	Delivery Suite & Antenatal	Thursday	Midwives		Carol Jones 9540 7982	First booking in history and follow up visits
Birthing Classes		Saturday 0900 – 1600				Birthing class for pregnant women
Oncology						
Oncology Outpatients	Oncology	Mon-Fri 0800-1730	Staff Specialists	Dr Phadke, Dr Links, Dr Desouza, Dr Bucci, Dr Gorman	Reception 95408140 Clinic 95408150	Medical Oncology Radiation Oncology Palliative Care
Paediatrics						
Ambulatory Paediatrics		Daily By Appointment	Staff Specialist	Dr Henry John Gilbert	9540 7378	General and behavioural paediatrics



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PRE-OP						
Day Only Clinic	Admissions/ Peri-op	Monday, Wednesday and Friday 9 –1300hrs	Registered Nurse		Anna Scheuren. Admissions Xtn 37028	Preop assessment of patients having Day Surgery Procedures And pt's having LA.
Surgical Pre-admission Clinic		Tuesday, Thursday and Friday 9-1400hrs	CMO			Preop assessment of elective surgical patients. DOS patients
Eye Clinic Pre and post op and emergencies		Tuesday 8-1200hrs	Registrar		Pre-op; Margaret Wallace Xtn 37924 Post op/ED	Preop assessment Elective Surgical patients. Post op Elective Surgical patients. Emergency Department patients.
		Wednesday 8-1100hrs or 14-1600hrs				
Ophthalmology		Tuesday AM				
Orthopaedic pre op clinic		Thursday 10-1200hrs	Registrar/RMO		Margaret Wallace 37924	Preop Elective Surgery assessment
Post Surgical Clinic		Monday 10-1200hrs	Registrar		Denise Paynter Xtn 37624	Post op surgical assessment. Post discharge review.
Gynaecological Preop Clinic		Tuesday 10-1200hrs	Registrar/RMO		Margaret Wallace Admissions Xtn 37924	Preop assessment elective Surgical Gynaecological patients
Anaesthetic Pre op clinic	Admissions	Thursday 10-1200hrs	Staff Specialist	Dr Fegent	Margaret Wallace Xtn 37924	Preop Anaesthetic assessment. Preop/Pre spinal obstetric patients
		Tuesday 13-1600hrs	Registrar		Anna Scheuren Xtn 37028	Preop Anaesthetic assessment.



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Sexual Health						
Sexual Health Clinic	ANC	Tuesday Morning 0900-1200	Staff Specialist CNS Psychologist	Dr C Carmody	For bookings ANC Admin. Staff 9540-7240 Sexual Health St George	Sexual Health issues
Southcare						
Mobility	Southcare	Friday AM	-	-	Norma Sinclair 9540 7175	Rehab
Continence	Southcare	Wed. AM+PM Thu. AM+PM Fri. AM+PM	-	-	Cheryl Meade 9540	Continence
Podiatry	Southcare	Mon. AM+PM Tue. AM+PM Fortnightly Fri. AM+PM	-	-	Peta Workman 9540	Podiatry
Prosthesis	Southcare	Last Tues. of month PM	Staff Specialist	Dr P. Conroy	Dr P. Conroy 9540	Prosthesis
Aged Care (Medical)	Southcare	Mon. PM Tue. PM Thu. AM	Staff Specialist	Dr P. Gonski	Cindy Lyn Baly 9540 7109	Medical Assessment/Cognitive assessment
		Mon. AM Wed. AM		Dr R. Montague		
		Thur. PM Fri. PM		Dr C.Dedousis		
		Mon. AM		Dr S. Phoon		
		Mon. PM Fri. PM		Dr NN Nyi Nyi		



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PLEASE NOTE:

Clinic patients require a referral from their GP every 12 months. It is important to ensure that referrals are provided prior to consultation. Referrals need to specify the **name of the doctor** (not the name of the outpatient clinic).