

# GP DMMR FACT SHEET AND PROCESS CHART

## WHAT IS DMMR?

DMMR is a service provided to patients living at home in the community. Patients may also refer to this service as Home Medicines Review. The goal of DMMR is to maximise an individual patient's benefit from their medication regimen, accomplished through a team approach involving the general practitioner (GP) and the patient's preferred community pharmacy, with the patient as the central focus.

## WHAT ARE THE OBJECTIVES OF DMMR?

- achieve safe, effective, and appropriate use of medications by detecting and addressing medication-related problem/s that interfere with desired patient outcomes;
- improve the patient's quality of life and health outcomes using a best practice approach, that involves a collaborative effort between the GP, pharmacist, other relevant health professionals, and the patient (and where appropriate, their carer);
- improve the patient's, and health professionals', knowledge and understanding about medications, and
- facilitate cooperative working relationships between members of the health care team, in the interests of patient health and well being.

## WHO IS ELIGIBLE TO RECEIVE DMMR?

The DMMR process is available to people living in their homes. It does not apply to in-patients of a hospital, day hospital facility, or care recipients in residential aged care facilities.

The patient should not have received a DMMR service within the past 12 months (unless there has been a significant change in their condition or medication regimen).

The GP must assess the need for a DMMR based on potential patient benefits and quality use of medicines goals. Those patients most likely to benefit are:

- patients at risk of medication related problems because of their co-morbidities, age or social circumstances;
- the characteristics of their medicines (eg warfarin);
- the complexity of their medication treatment regimen;
- patients recently discharged from hospital with multiple changes in therapy;
- suspected non-compliance or difficulties managing medication related therapeutic devices.

## WHO IS INVOLVED IN DMMR?

- the patient and their carer, where appropriate, as the central focus;
- the general practitioner;
- a pharmacist from the patient's preferred community pharmacist;
- an accredited pharmacist (if different from the preferred community pharmacist);
- other members of the health care team that are identified as appropriate, such as community nurses, physiotherapists, diabetes educators.

## WHAT IS THE MBS FEE FOR DMMR?

The MBS fee for a GP completing a DMMR is \$120 with a rebate of 85%, or \$102. This includes the initial consultation at which the patient's eligibility for DMMR is assessed and the referral form completed, liaison with the pharmacist, and development of the medication management plan for discussion and agreement with the patient at a second consultation. Any further follow-up, if required, would be part of subsequent consultations separate to the DMMR.

## HOW DO YOU CLAIM THE MBS DMMR BENEFIT?

You can submit a Medicare direct bill assignment form or provide the patient with an account. For a DMMR service to be eligible for a Medicare rebate the requirements for the item must be met, including patient consent for the service and agreement with the medication management plan developed.

## WHAT IS MY ROLE IN THE DMMR PROCESS?

